

**The Pancake Stack** <sup>V VG DF</sup> **\$16.5**

Fluffy coconut pancakes, maple syrup, winter fruits

**Add** ice-cream **\$2****Chilli Scrambled Eggs** <sup>GFA</sup> **\$16.5**

Toast of choice, fresh chives, crispy speck, rocket

**Winter Bowl** <sup>GFA DFA V VG</sup> **\$15.5**

Avocado purée, sautéed kale, swiss chard, almonds, quinoa, asparagus, mixed seeds

**Add** poached egg **\$3****The Sweet Tooth** <sup>V GFA</sup> **\$9.5**

One slice toast of choice, marscapone, fresh strawberries, passionfruit, honey

**Alexander the Great** <sup>GFA DFA</sup> **\$23**

Smoked bacon, Spanish chorizo, thyme-roasted roma tomatoes, herbed button mushrooms, house tomato relish, hash brown, sourdough, eggs your way

**Thyme Potato Rosti** <sup>GF DF</sup> **\$18**

Baby spinach, kale, asparagus, peas, quinoa, pepitas, poached eggs, lemon, dukkah

**Local Wholemeal Sourdough** <sup>V</sup> **\$14**

Spiced sweet potato smash, house lemon labna, dukkah poached egg

**Eggs Benedict** <sup>V GFA</sup> **\$14**

Sourdough, poached eggs, baby spinach, house hollandaise

**With** bacon, smoky paprika **\$17.5****With** smoked salmon, dill **\$19.5****The Lifestyle** <sup>GFA DFA V</sup> **\$19.5**

Sourdough, herbed button mushrooms, thyme-roasted roma tomato, baby spinach, Danish feta, grilled asparagus, eggs your way

**The Vego** <sup>V GFA</sup> **\$11.5**

One slice toast of choice, pesto, beetroot ricotta, avocado, pepitas, dukkah, cherry tomato, poached egg

**Something extra:**Free range egg (1), pesto, chilli jam, house tomato relish, house hollandaise, beetroot ricotta, lemon labna **\$3**Avocado, hash brown, thyme-roasted roma tomatoes, herbed button mushrooms, feta, asparagus, smashed sweet potato, bacon **\$4**Smoked salmon, Spanish chorizo, pulled wagyu beef brisket, crispy speck **\$6****Choose your toast:**Sourdough  
Wholemeal sourdough  
Sunflower and pumpkin seed sourdough  
Olive sourdough  
Turkish  
Plain white  
Gluten-free (**\$3** extra)**Served 7.30am until 12pm BREAKFAST**GF gluten free DF dairy free V vegetarian VG vegan  
Please ask our staff for further assistance with your dietary needs.

Here at Cove we believe that local is fresh, and fresh is best! You'll find our bread at Kings Baked from Umina and Kincumber, and all our fresh fruit, vegetables and free range eggs from Fresko Fruit at Kincumber.

### House-made Scones and Muffins

Baked fresh daily, see our specials board for flavours

Each \$4.5

Serve of 3 scones \$7.5

**Banana Bread** <sup>V</sup> \$6.5 GF \$7

Berry compote, butter

**Spiced Fruit Turkish** <sup>V</sup> \$6

Berries, honey, butter

### Croissant

Plain \$4

Ham, cheese, tomato \$7.5

Loaded - smoked bacon, tomato, cheese, baby spinach, fried egg, house hollandaise \$13

**Fruit Salad** \$11

Fresh seasonal fruits, vanilla bean yoghurt, chia, toasted coconut

**Bacon & Eggs** <sup>GFA DFA</sup> \$15.5

Smoked bacon, toast of choice, eggs your way

**Eggs & Toast** <sup>V GFA DFA</sup> \$12

Toast of choice, fried or poached eggs

**Bacon & Egg Roll** \$11.5

Smoked bacon, two eggs over easy, aioli, chilli jam, toasted turkish roll

**Veggie Roll** <sup>V VG GFA DF</sup> \$14

Spiced lentil patty, rocket, sweet potato, avocado, Spanish onion, tomato, chilli jam, turkish roll

**Fries** \$6

Rosemary salt, aioli

**Wedges** \$9

Sour cream, chilli jam

Served until 3pm **ALL DAY**

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## Something Small

Garlic, herb and cheese ciabatta \$7.5  
Rocket salad, pear, parmesan,  
walnut, herb, balsamic <sup>GF V</sup> \$8.5

### Sydney Rock Oysters

Natural, rocket, lemon wedge \$19/37  
Kilpatrick, rocket, lemon wedge \$22/40

**Flash Fried Squid** <sup>DF</sup> \$14  
Chilli, lemon, aioli

**Grilled Local Olive Sourdough** <sup>V</sup> \$8.7  
Marscapone, honey, butter

**Warm Tart** <sup>V</sup> \$16  
Pumpkin, baby spinach and baked feta tart,  
rocket, pesto, cherry tomato,  
balsamic petit salad

## Something Large

**Grain-fed Scotch Fillet 250g** <sup>GF</sup> \$32  
Café de Paris butter, smashed chats, seasonal  
greens

**Linguine** \$22  
Creamy king prawns, fresh chilli, white wine,  
shallot, rocket, parmesan

**Wholefoods Bowl** <sup>V VG GF DF</sup> \$22  
Warm winter vegetables, baby spinach, lentils,  
avocado, dukkah, mixed seeds, nuts,  
garlic lemon herb dressing

**Lamb Rump** <sup>GF</sup> \$29  
Warm cauliflower purée, roasted sweet potato,  
Dutch carrots, pesto

**Australian Barramundi** <sup>GF</sup> \$32  
Crispy skin fillet, avocado purée, herbed potato,  
buttered sprouts, radish, lemon myrtle

**Pulled Chicken Salad** <sup>GF</sup> \$21  
Herbed chicken tenderloin, marinated chickpeas,  
beans, rocket, hazelnut, beetroot ricotta,  
grapefruit dressing

**Classic Fish & Chips** <sup>DF</sup> \$26  
New Zealand Monkfish, lemon, tartare, garden  
salad, rosemary fries

**Pumpkin Risotto** <sup>V</sup> \$21  
Pea, sage, shallot, goat's cheese, pine nut,  
parmesan  
**With** chicken and crispy speck \$28

**Wagyu Brisket Burger** <sup>DF</sup> \$19  
Pulled smoky house-braised brisket, pickled pear,  
slaw, aioli, toasted turkish, fries

Served from 12 until 3pm **LUNCH**

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